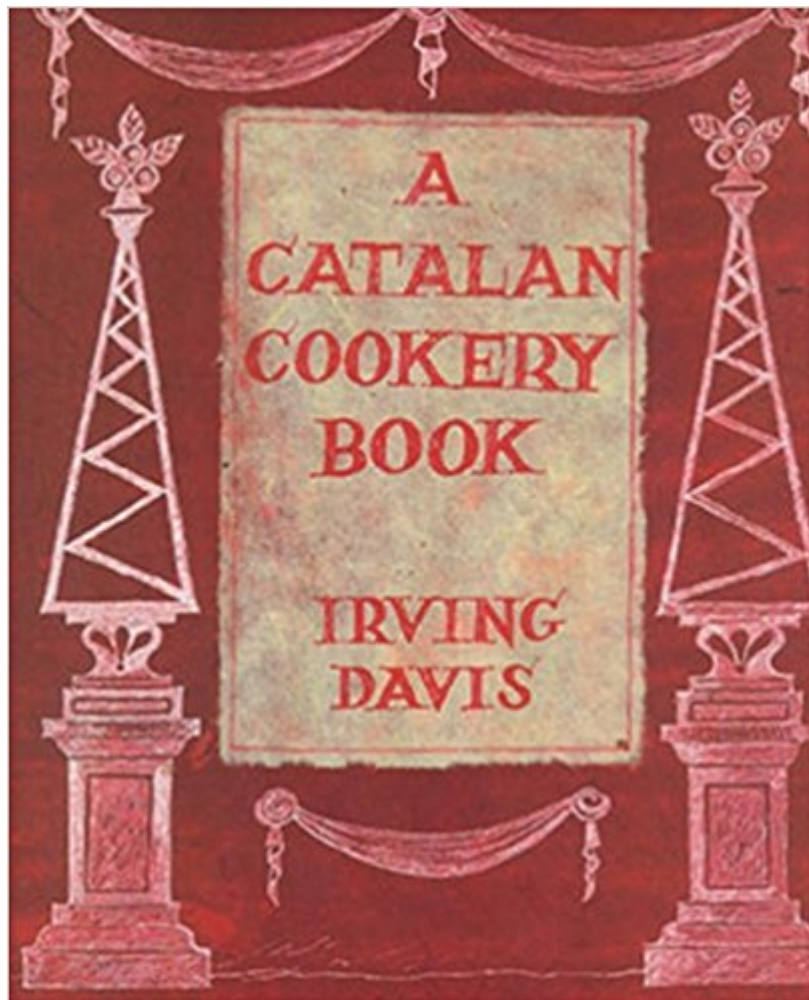


The book was found

# A Catalan Cookery Book



## Synopsis

Perhaps the most startling and unusual quality of Catalan cookery is the mixture of sweet ingredients with chicken, rabbit and sometimes other meat dishes; see the recipe for rabbit with prunes, rabbit with chocolate and snails, in the body of the book. Such dishes must surely be remnants of the days before the introduction of the tomato. It was the Spaniards who discovered the beneficial effects of chocolate in Mexico at the beginning of the 16th century and brought the cocoa bean to Europe. And it was they who likewise brought the tomato from Peru at the end of that century. The tomato of course, as in most Mediterranean countries, is all conquering and it is difficult to think how the southern Latins cooked before this all powerful vegetable invaded Europe. The basis of Italian cookery, as is well known, is the soffritto, that is onions, herbs simmered in oil with tomatoes -in Catalonia, with some variations, the sofregit. But this is usually associated with the picada, a mixture of pounded almonds, pine-kernels, garlic and parsley.

## Book Information

Paperback: 111 pages

Publisher: Prospect Books (October 6, 2002)

Language: English

ISBN-10: 0907325920

ISBN-13: 978-0907325925

Product Dimensions: 10.5 x 0.2 x 8 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,846,910 in Books (See Top 100 in Books) #310 in Books > Cookbooks, Food & Wine > Regional & International > European > Spanish

[Download to continue reading...](#)

A Catalan Cookery Book The Bulawayo Cookery Book: Zimbabwe's Original 1909 Cookery Book  
Catalan Cuisine, Revised Edition: Vivid Flavors From Spain's Mediterranean Coast Rem Koolhaas:  
Projectes urbans (1985-1990) = urban projects (1985-1990) ("Quaderns d'Arquitectura i Urbanisme"  
monographs) (Catalan Edition) Surface and Color: Printing of the 70s in Barcelona (Spanish,  
English and Catalan Edition) Ariane Lopez-Huici (English, Spanish and Catalan Edition) An  
Unexpected Cookbook: The Unofficial Book of Hobbit Cookery The Beatrix Potter Country Cookery  
Book Royal Indian Cookery: A Taste of Palace Life Cookery Postcards from Penguin: 100  
Cookbook Covers in One Box French Country Cooking (Cookery Library) French Provincial Cooking

(Penguin Cookery Library) Camp Cookery PUERTO RICAN COOKERY The Art of Cookery Made Plain and Easy: The Revolutionary 1805 Classic English Bread and Yeast Cookery Fine English Cookery The Art of Greek Cookery Polish Cookery : Poland's Bestselling Cookbook Adapted for American Kitchens Polish Holiday Cookery

[Dmca](#)